



# OFRC Junior Tennis Clinics

(August 16th – October 22th)



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
No instruction	<p><b>4-4:45pm</b> <b>Tiny Tots Tennis</b></p> <p><b>4:45-5:45pm</b> <b>Big Shots &amp; Future Stars Tennis</b></p>	<p>4:15-5:45pm -JTT Practice -Middle School &amp; High School Clinic</p>	<p><b>4-4:45pm</b> <b>Tiny Tots Tennis</b></p> <p><b>4:45-5:45pm</b> <b>Big Shots &amp; Future Stars Tennis</b></p>	<p>4:15-5:45pm -JTT Practice -Middle School &amp; High School Clinic</p> <p><b>Saturdays -</b> <b>Weekly USTA Junior Team Tennis Matches</b></p>

### Tiny Tots (Red Ball Ages 4-8)

This is an introductory level that consists of learning the fundamentals of how to hold the racquet, development of footwork & hand eye coordination, and basic stroke production.

Members \$10 and Non-members \$12.50 per clinic (add \$1.00 if indoors)

### Big Shots (Orange Ball Ages 9-10) & Future Stars (Green Ball Ages 11-12)

These groups consist of youths who are learning more advanced stroke production, serving, and rallying technique. Here the juniors will learn how to keep score and play matches.

Members \$12 and Non-members \$15 per clinic (add \$1.00 if indoors)

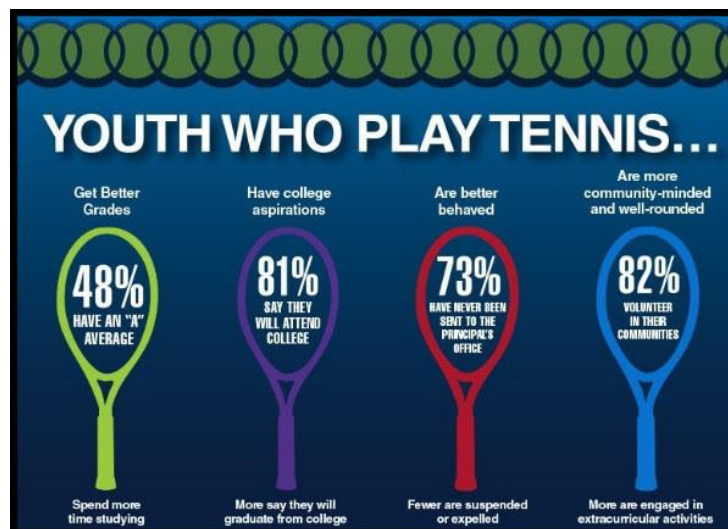
### Tournament Clinic (JTT Practice /Jr. Gate City/ Middle & High School)

Appropriate for rising middle school and high school players looking to become ranked youth players.

Will include drills, match play technique, competitive games, conditioning and strategy!

Members \$14 and Non-members \$17.50 per clinic (add \$1.50 if indoors)

*Junior Team Tennis practice - team players will play USTA matches on Saturday afternoons against area Greensboro teams. \*Additional USTA fees apply per team season\**



@OldeForest-RacquetClub