



OFRC Junior Tennis Clinics

(August 17th – October 23th)

Mondays	Tuesdays	Wednesdays	Thursdays	TEAM TENNIS
No instruction	<p>4-4:45pm Tiny Tots Tennis</p> <p>4:45-5:45pm Big Shots & Future Stars Tennis</p> <p>4:15-5:45pm -JTT Practice -Middle School & High School Clinic</p>	<p>4:15-5:45pm -JTT Practice -Middle School & High School Clinic</p>	<p>4-4:45pm Tiny Tots Tennis</p> <p>4:45-5:45pm Big Shots & Future Stars Tennis</p>	<p>OFRC is fielding 8 Junior tennis teams for the fall.</p> <p>Fridays - Weekly Junior Gate City Matches</p> <p>Saturdays - Weekly USTA Junior Team Tennis Matches</p>

Tiny Tots (Red Ball Ages 4-8)

This is an introductory level that consists of learning the fundamental of how to hold the racquet, development of footwork & hand eye coordination, and basic stroke production.
Members \$10 and Non-members \$12.50 per clinic (add \$1.00 if indoors)

Big Shots (Orange Ball Ages 9-10) & Future Stars (Green Ball Ages 11-12)

These groups consist of youths who are learning more advance stroke production, serving, and rallying technique. Here the juniors will learn how to keep score and play matches.
Members \$12 and Non-members \$15 per clinic (add \$1.00 if indoors)

Tournament Clinic (JTT Practice /Jr. Gate City/ Middle & High School)

Appropriate for rising middle school and high school players looking to become ranked youth players. Will include drills, match play technique, competitive games, conditioning and strategy!
Members \$14 and Non-members \$17.50 per clinic (add \$1.50 if indoors)

*Junior Team Tennis practice - team players will play USTA matches on Saturday afternoons against area Greensboro teams. *Additional USTA fees apply per team season**

*Junior Gate City Matches – team players will play matches on Friday afternoons against area Greensboro teams. * Additional Gate City fees apply per team season**



@OldeForest-RacquetClub

