

## POOL POLICIES

Pool rules and policies have been established to protect the health, safety, and enjoyment of all members of Olde Forest Racquet Club. Therefore, it is essential that the total membership and their guest familiarize themselves with, and adhere to, the rules. Members are also requested to assist with the governing of the rules by notifying the pool staff, in a discreet manner, of infractions (especially regarding the guest policy) of others.

*The lifeguards are hired by the Club to enforce Club rules. Therefore, lifeguards are the authority on the pool deck, and their authority shall not be refused or questioned by any member or guest. All comments concerning lifeguards shall be addressed rationally with the Club Manager. Additional comments should be addressed in writing to the swim committee. Guests who do not follow the directions of the lifeguards will be banned from the Club, and members who do not follow the directions of the lifeguards may be suspended or expelled from the Club (Bylaws: Article 10; Section 1.)*

1. All members and their guests must check-in prior to using the facility.
2. The pool will only be used when a lifeguard is on duty during scheduled hours.
3. Health regulations require that all swimmers take a soap shower before entering the pool.
4. No one shall use the pool during contagious or infectious diseases (i.e. bad cold, poison ivy, open wounds, etc.)
5. Smoking/vaping is not permitted anywhere on OFRC property.
6. No glass items are allowed including beverage containers. All items must be non-breakable.
7. General protective discipline shall be enforced including: no running; no pushing or shoving of other bathers into the pool; no dunking of other swimmers; no "horseplay;" no sitting on the shoulders of other swimmers.
  - a. Water games, Nerf balls, floats, and swim noodles will only be allowed during non-crowded times at the discretion of the pool management. Floats must be transparent as to not block the view of the lifeguards. (pinks, blues, greens, etc. are OK)
  - b. Alligator tag is not allowed. The diving/slide area will be open at all times.
  - c. Tennis balls, Footballs, Frisbees, and other hard objects will not be allowed in the pool at any time.
  - d. Parents/babysitters must be in the water with children who cannot swim without the assistance of a floatation device.
8. Diving area and sliding board rules:
  - a. No swimming in front of diving boards or slides.
  - b. Only one person allowed on the diving board or slide at a time.
  - c. No backwards sliding on the slides.
  - d. No diving to the side of the boards.
  - e. No double bouncing on the diving boards.
  - f. No hanging from the sides of the diving boards or on the sides of the diving well.
  - g. All swimmers must exit the diving well as quickly as possible.
  - h. Divers and sliders must wait until the diving area is clear before entering the pool.
  - i. Non-swimmers are restricted to the shallow water. To qualify for deep water, a person may be required to pass a swimming test. No floatation devices allowed in diving well.
9. Members are expected to place their trash in waste containers after eating.
10. Gum is not allowed in or around the pool.
11. The responsibility of parents and guardians who accompany children to the pool continues while the children are on the property. This includes the pool decking, bathrooms, hallways, and lounge and playground. Lifeguards are employed for the safety and welfare of everyone, but they are not expected to be babysitters.
12. 10/13 rule: All children 10 & under must be accompanied at all times by someone at least 13 years old.
13. Non-toilet trained children are not allowed in the main pool at any time without specially designed swim diapers which are available for purchase at the gate. (The pool will close for ALL if an accident occurs!).
14. During pool breaks
  - a. All members, except those 18 years or older, must immediately exit the pool when breaks are called.
  - b. Children six (6) and under (not in diapers) may accompany their parents in the pool, but must be "in the arms" of their parents at all times. Children over six are not allowed to enter the pool during pool breaks.
  - c. Members and guests under the age of 18 are not allowed in the pool during pool breaks.
15. Baby Pool Rules:
  - a. Non-toilet trained children must wear a swim diaper.
  - b. As the baby pool is not staffed by a lifeguard, all children using the pool must be accompanied and supervised at all times by a responsible person over the age of sixteen.
  - c. No children over the age of four (4) are allowed in the baby pool.
16. Diapers must be carried off the facilities and may not be discarded in trashcans around the pool or in the restrooms.
17. No loitering in the restrooms.
18. A lap lane will be provided upon request of an adult and should be used solely for lap swimming. At the lifeguard's discretion, there may occasionally be times when the pool is too crowded for lap swimming to be practical.
19. The pool may close at the discretion of the Club Manager for inclement weather or necessary maintenance.

## **OFRC CLUB GUEST POLICIES**

The Guest Rules are designed to protect the members so that those who do not pay dues do not cause overcrowding on the tennis courts or at the pool. For that reason, guests may only visit TWO(2) TIMES PER MONTH. All members must work together to ensure that the Club remains a private, member-only club and that the facilities remain available exclusively for members. All children and adult members are expected to follow the guest rules and parents may be held responsible for their children's actions.

1. Local guests may only visit TWO(2) times per month *unless the guest is a Grandchild (18 years & younger) of an Olde Forest Grandparent*. Olde Forest Grandparents may bring and chaperone their in-town grandchildren ONLY to the Club unlimited times during the summer with no guest fee. The Grandparents should register guests in at the Check-in Desk.
2. All guests must be accompanied by a member and shall be registered prior to using the Club facilities.
3. Guests who live within 25 HIGHWAY miles and/or Alamance County will be considered local.
4. Charges for local guests are \$5.00 per person. Failure to register a guest will result in a \$10 charge to the member's account. Repeat offenses will result in fines of \$25 and may result in suspension from the Club.
5. **\*\*Holiday Guest Charges\*\*** Charges for ANY guest, regardless of how far away from the club they live, are \$10.00 per person on the holiday and the holiday weekend (Friday, Saturday & Sunday) Memorial Day, July 4th and Labor Day.
6. Out of Town Guests may visit for six days without charge, as long as they are pre-registered with the Club prior to using the facilities. Out of town guests staying longer than six days will be charged \$10.00 per week for families and \$5.00 per week for singles.
7. Single Adult Members may be accompanied by their date at any time without charge.
8. The Board, Club Manager or Tennis Director may restrict guests from using the facility at their discretion.
9. **Babysitters** : A babysitter is considered to be an INDIVIDUAL who is privately employed by a member to watch and care for a member's child in the absence of the parents. Babysitters will be allowed to accompany a child member at no cost; however, babysitters may not use the club at any other time. *Families with two or more children under the age of five are allowed one babysitter in addition to a parent*. Babysitters who abuse this policy will not be allowed to attend the club in any capacity.

## **OTHER CLUB POLICIES:**

1. Members and guests may be removed from the facilities for non-compliance of Club policies and rules or if the member/guest actions are deemed offensive, abusive, or threatening. Members are responsible for the conduct of their guests.
2. Olde Forest is a **NON-SMOKING** facility. This includes the entire property. Smoking is not allowed in parking lots or anywhere on the grounds. Electronic cigarettes and vaping devices may not be used on the premises.
3. Member children remain the responsibility of parents while at the Club.
4. Pets are not allowed at the Club.
5. Proper attire is required for each area of the Club. No bathing suits will be allowed in the lounge or on the tennis courts. Shirts and shoes must be worn on all tennis courts, including the practice court.
6. Bicycles, skate boards and all wheeled vehicles are not allowed on the sidewalks. Bikes should be placed in bike racks, skate boards, lacrosse sticks and all other sporting equipment may be left in the lounge.
7. No parking is permitted in the emergency lane next to the Pro Shop.
8. Member children must comply with State rules & regulations while on premises (i.e. no smoking, drinking, etc)